

<u>10</u>

Committee members

**22**Projects funded in 2021

100%



## Futuregrowth Corporate Social Investments 2021

#### **OUR PURPOSE**

The purpose of our Corporate Social Investment (CSI) programme is to make a palpable difference to the lives of those most in need, and - in so doing - contribute to positive change in South Africa. A secondary purpose is to provide Futuregrowth employees with a platform to "live" our brand and further enrich their own lives by doing good for others.

I've always wanted to do what I can to make things better which also plays a role in why I joined Futuregrowth – with its concern for investing in South Africa's future, today – and this was a way to do that in a more tangible way."

CSI Committee member.

## The Futuregrowth CSI Committee

The Futuregrowth Corporate Social Investment (CSI) Committee consists of ten members from across the business. Staff members are invited to serve on the committee based on their passion for supporting those in socio-economically deprived communities. Any staff member can also motivate to become part of the committee if they are interested in having a say on how the CSI budget is allocated. All staff are encouraged to participate in our CSI projects when the opportunity arises.



I think I was one of the first group of staff members who volunteered to be on the CSI Committee. I have been actively involved in various civic/community-based bodies for most of my adult life. Serving on Futuregrowth's CSI Committee is simply an extension of that. It warms my heart that this committee avoids grant-making (sexy) projects and focuses on grassroots organisations that desperately need support but lack the 'marketing capabilities' of some of the larger, more established NPOs. Our policy is also to provide direct support to these organisations and to bypass the professional funders, thereby ensuring that 100% of our support goes directly to the NPOs." **CSI Committee member.** 

#### Our CSI budget & focus areas

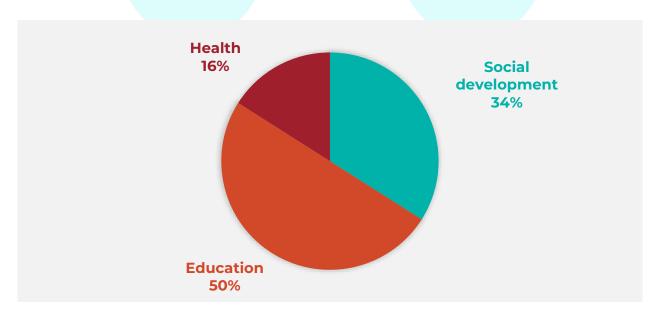
Futuregrowth allocates 1% of its after-tax profits to CSI. This is supplemented by some directors' fees (of staff who are directors of investee companies) and the proceeds from the Futuregrowth annual auction, when gifts received by the company are auctioned to staff.

The CSI Committee sources, evaluates and approves requests for funding or other help, and manages the CSI budget. Members also visit the projects considered and supported, to ensure that the support requested (financial or otherwise) is valid and will be put to optimal use.

#### **OUR KEY FOCUS AREAS**

Our key focus areas of support fall within the three broad CSI categories: social development, education and health.

#### BREAKDOWN OF OUR 2021 CSI SPEND



#### **GEOGRAPHIC FOCUS**

Our geographical focus includes areas that committee members are able to visit personally, so that they can conduct a thorough due diligence process on proposed projects and monitor those approved on an ongoing basis. We will, however, consider projects that have a regional impact across the country in collaboration with trustworthy partners who are able to do the due diligence and monitoring on our behalf.



I became a member of Futuregrowth's CSI Committee because I am passionate about community upliftment and through the work of the CSI Committee, we are able to support projects that don't necessarily have a large funding base but have a big impact. It's been one of the most rewarding and humbling experiences over the past few years, where I am able to connect with local projects that make a difference in our community." **CSI Committee member.** 

#### Projects supported in 2021

- 9Miles Project
- Abagold Development Trust
- Biblionef SA
- Centre of Science and Technology (COSAT)
- Cheshire Homes Langa & Turfhall
- Paedspal Paediatric Palliative Care
- Parkhaven Home for the Aged
- Peace Haven Senior Citizen Service Centre
- Peninsula School Feeding Association (PSFA)
- Primary Science Programme (PSP)
- Rally to Read
- SA Children's Home / SA Kinderhuis
- SAILI (SA Improved Learning Initiative)
- Salesian Life Choices
- SA Medical and Education (SAME) Foundation
- St Luke's Combined Hospices
- Thembinkosi Day Care Centre
- Tomorrowland Educare Centre
- U-Turn
- Woodside Special Care Centre
- The Zoe Project

#### 9MILES PROJECT – No child left behind

With its headquarters at Strandfontein Pavilion, Cape Town, the 9Miles Project has become a haven and refuge for youth who have very few positive role models in their lives. Its programmes in 2021 aimed to provide continued COVID relief and access to online learning and literacy resources, ensure that vulnerable community members received daily wholesome meals and holistic support, and offer life-changing skills and job creation opportunities.

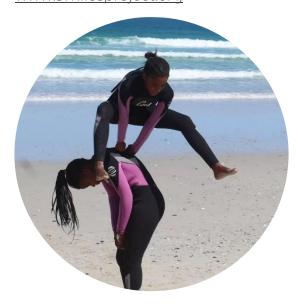
**OUR FUNDING:** Futuregrowth gave a donation towards PPE equipment.

Futuregrowth has been a valued and longstanding partner of ours and we are immensely grateful for your investment in our organisation, which allowed us to continue [our] work in vulnerable communities." Carmen Davids, 9Miles Project.

#### THE BACKSTORY

9Miles Project was founded in Cape Town in 2013, to work with at-risk youth in coastal informal settlements in Cape Town, Elands Bay, and St Francis Bay. Life in these areas is a daily struggle: social ills are rife, illiteracy levels are sky high, and children have very few good examples to emulate. But there is a sense of community. People support one another and there is an inherent joyous atmosphere despite all the hardship. This is the backdrop against which the 9Miles beneficiaries are growing up, and the circumstances which the project tries to help them rise above.

#### www.9milesproject.org



The need for community-based organisations like ours that combat poverty, uphold social stability, create employment and skills development opportunities, and build resilient youth and communities, is greater than ever." Nigel Savel Chairperson and Founding Director.

# ABAGOLD DEVELOPMENT TRUST – Growing future community leaders

The Abagold Development Trust focuses on community upliftment in the impoverished areas of Mount Pleasant, Hawston and Zwelihle in the Greater Hermanus region in the Western Cape.

OUR FUNDING: Futuregrowth donated its Abagold director's fees to the Abagold Development Trust. The funding was utilised for the bursary programme in which selected students receive a living allowance in addition to their NSFAS bursary. The programme's current beneficiaries are studying towards degrees in accounting, music, law, public administration and information technology.

www.abagold.com/about/csi/



The trust was set up in 2003 to support the communities in which most of the employees of Abagold live and raise their children. Abagold believes that the foundation of a successful society starts with healthy child development, particularly in the early years of a child's life. The purpose of the trust is to support and educate the children of the surrounding community, as they will grow up to be its future leaders. This is followed by career development and job creation.

Growing up on the Cape Flats, I know how hard it is to break the poverty cycle.

Underprivileged children lack access to education, healthcare, and food - and the CSI programme gives us the opportunity to make a difference in their lives. My hope is that every donation we make positively contributes to their success story, so that when they grow up, they can pay it forward." CSI Committee member.

#### BIBLIONEF SA – Opening up the world for marginalised children

Biblionef donates new children's books to needy schools and Early Childhood Development (ECD) centres across the country in an effort to improve literacy levels and foster a love of reading. They work closely with publishers to print books in African languages and work closely with schools to ensure the books are catalogued, shelved and well cared for.

OUR FUNDING: Through the Solstice Foundation, and knowing the challenges that exist within our country's education system, Futuregrowth made a donation to Biblionef (together with an organisation called Zero2Five) for the

#### THE BACKSTORY

The Solstice Foundation was founded in 2002 by a group of 40-something professionals who decided that it was time to "give back". From the outset Solstice has been a 100% volunteer organisation with no overheads, raising money through events and donations. Funds raised are spent on beneficiaries that are identified through various screening and word-of-mouth processes, and are tracked in an ongoing way to ensure that monies donated are spent appropriately. The Solstice Foundation has funded various Biblionef SA projects and needs since 2013. https://solsticefoundation.org/

purchase of story books in the children's home language of isiZulu (and some in English to further improve their language development), as well as educational toys, puzzles, and posters for five ECDs in KwaZulu Natal.

Home - Biblionef South Africa (biblionefsa.org.za)

I joined the CSI committee because I feel it's important to help those in need especially if you have the resources to do so. I am trying to make a difference and give back in any way I can." **CSI Committee member.** 



# THE CENTRE OF SCIENCE AND TECHNOLOGY (COSAT) – No excuses, just success

COSAT is the Centre of Science and Technology high school located in Khayelitsha for students with leadership ability and an interest in Maths, IT and Science. Many of the learners at COSAT are from impoverished backgrounds, which were aggravated by COVID circumstances. The principal, Phadiela Cooper, indicated that food parcels would be welcomed by many families and would make a big difference in the learners' day-to-day lives.

#### THE BACKSTORY

The school opened its doors in 1999 in response to the shortage of quality Maths and Science matriculants from township schools in the Western Cape. Initially, COSAT offered only Grades 10 to 12 and students with mathematical talent would be invited to leave their high schools at the end of Grade 9 to complete their school careers at COSAT. The first matric class in 2001 set the precedent for the future with a 100% pass rate, an exemption rate of close to 70% and an impressive number of subject distinctions. For the next ten vears the school cemented its reputation as a centre of excellence and, as a result, the Western Cape Education Department gave it the status of a STEM (Science, Technology, Engineering and Maths) focus school, one of four in the province, and provided new buildings and the opportunity to expand to include all senior grades. As a result, COSAT became a more conventional secondary school in 2011, and its student complement has grown to 550 in recent years - and is now the biggest township feeder school to local universities.

OUR FUNDING: Futuregrowth partnered with the Solstice Foundation (which has been supporting learners at the school since 2011) for the provision of COVID-relief food parcels to 50 of the school's most vulnerable learners.

#### http://cosat.co.za/index.html

I believe that giving a helping hand where one can is vital, given that we live in a country where the gap in income levels (and therefore access to resources) between the so-called 'haves' and 'have-nots' is so great. This belief was the reason for my previous involvement in organisations that tutor Maths to high school learners - and is the reason I took the opportunity to join the Futuregrowth CSI Committee. It is so gratifying to see the difference in people's lives that results from the donations that we make." CSI Committee member.



## CHESHIRE HOMES – A haven for disabled adults who have nowhere else to go

The Langa Cheshire Home is situated in the previously disadvantaged, impoverished and social challenged community in Langa, Cape Town. The Home provides residential care and accommodation for 24 profoundly disabled people who are unable to live without the kind of care it offers, either because of financial constraints or because their families are unable to assist them. All the residents use wheelchairs. Whilst residential care for people with medium to high support needs is the core business, the move to independent living has gained momentum. This provides the opportunity for the residents to develop skills and live independent self-directed lives.

**OUR FUNDING:** Futuregrowth provided the home with PPE equipment.

The Turfhall Cheshire Home in Hanover Park, Cape Town, provides 24-hour specialised, residential care to 60 severely disabled adults from previously disadvantaged communities. The organisation believes that all people, whatever their disability, are uniquely valuable individuals who should have the personal freedom to pursue their aspirations and take their own place in the world. Apart from residential accommodation, other community services are provided to promote independent living and the attainment of personal aspirations, while facilitating the social integration of people with disabilities into mainstream society.

**OUR FUNDING:** Futuregrowth provided funding for PPE equipment and other supplies.

#### www.turfhall.org.za

Your financial support made a huge impact on the lives of our vulnerable residents." Helen Campbell, Turfhall Cheshire Home.



#### THE BACKSTORY

In 1948 Group Captain Geoffrey Leonard Cheshire a highly acclaimed Royal Air Force pilot during World War II, heard of a fellow service man who had fallen terminally ill and was in dire straits with no family, means or a place to go. Leonard took him in to his home and cared for him until his death. From such a small and unplanned beginning the worldwide Leonard Cheshire Disability organisation was born and today there are more than 270 homes all over the world, including six branches and sixteen homes in South Africa. The Turfhall Cheshire Home opened in 1984 and the Langa Cheshire Home in 2016.





#### PAEDSPAL PAEDIATRIC PALLIATIVE CARE – Making every day matter

Paedspal is an NGO (and PBO) that provides palliative care services specifically to children with life-threatening and life-limiting illnesses. These include specialist medical services focusing on pain management and symptom control, as well as a range of psychosocial services including individual counselling, family therapy, music therapy, aromatherapy and art therapy.

OUR FUNDING: Futuregrowth provided a grant to make it possible for Paedspal to continue doing its amazing work in our communities.

<u>Paedspal Paediatric Palliative Care | Information</u> about Paedspal and the service they provide, Paediatric Palliative Care

Palliative care for children is vastly underfunded in our country and yet is such a needed service. Paedspal does amazing work to make the last moments of terminally children's lives better. They also support parents with grief counselling during treatment and after the loss of their child. This is therapy that underprivileged people do not normally have access to. Truly, saints walk among us!" **CSI Committee member.** 



#### THE BACKSTORY

Paedspal was established in 2015 in response to the desperate need for palliative care services for critically ill children. Central to this is the recognition that care needs to be holistic, responding to the physical, emotional and spiritual needs of the child and family. According to UNICEF, over 800 000 South African children are in need of palliative care yet less than 5% are receiving it. Unfortunately, palliative care is not a government-funded medical service and so the bulk of services are provided by the NGO sector. Most of these services are for adults with a handful of NGOs providing palliative care reprieve to children. To this end, Paedspal has rapidly grown to respond to an urgent need. On average, Paedspal provides over 3 000 palliative care consultations to children and their families in Cape Town. With its staff of 16, Paedspal is the largest palliative care centre in the country dedicated to children.

## PARKHAVEN HOME FOR THE AGED – Living with dignity

The Parkhaven Home in Wynberg, Cape Town, was established in 1989 by the Western Province Baptist Women's Society and currently has 35 residents.

OUR FUNDING: Futuregrowth funded the costs of renovations and repairs to the home and eats for the year-end lunch.

<u>Parkhaven Assisted Living Facility | Western Cape</u> <u>Government</u>



On behalf of the Board of Trustees, Management Committee, Matron and Staff of Parkhaven, we would like to express our sincere appreciation and thanks to you and Futuregrowth for the beautiful renovations of our bathrooms. It looks good. It is so pretty. We are really so grateful for the kindness shown by you. It does not go unnoticed."

Sandra Francis, Chairperson of

the House Committee.

# PEACE HAVEN SENIOR CITIZEN SERVICE CENTRE – Providing comfort and joy for the elderly

Peace Haven provides care to senior citizens of all ages. Seniors receive a daily meal, exercise programmes, crafts and, most importantly, physiotherapy.

**OUR FUNDING:** Futuregrowth provided funding for food parcels, supplies and gifts.



Thank you for helping to make South Africa a better place." **Peace Haven Management.** 





The Peace Haven Senior Citizen Service Centre was established in 1990 to enhance and improve the physical and spiritual well-being of senior citizens in the greater Bellville area and immediate surrounds. At present all activities are carried out from a community hall in Bellville where approximately 25 members meet on a daily basis to engage in social activities and to have a meal. The primary objective of the organisation is to ensure that these senior citizens live their remaining years in a meaningful way and in as comfortable a condition as is possible.

Care for the elderly in our communities is a joint responsibility we all share – a responsibility Peace Haven has taken on. During the time when Peace Haven was not able to provide daily meals due to the impact of COVID, we provided their members with food parcels. We also provided them with food and gifts over the Christmas period, once they had access to their facilities again." CSI Committee member.



#### PENINSULA SCHOOL FEEDING ASSOCIATION (PSFA) – Because you can't teach a hungry child



PSFA provides the necessary meal ingredients, cooking equipment and utensils to schools that qualify for their feeding scheme. PSFA currently feeds 25 967 hungry learners at a total of 170 educational institutions in the Western Cape. These include primary, high and special needs schools; ECD centres; Orphans and Vulnerable Children (OVC) safe parks; and Technical and Vocational Education and Training Colleges (TVETS).

**OUR FUNDING:** Futuregrowth provided funding for PPE equipment and supplies.

www.psfa.org.za

#### THE BACKSTORY

The Peninsula School Feeding Association (PSFA) was established in 1958 when the government at the time discontinued the national school feeding programme. PSFA has to date provided over two billion nutritious meals to hungry school children across the Western Province. The latest University of Cape Town report reveals 3 out of 4 children go hungry every day because 30% of our population live in poverty with food insecurity. These hungry children are unable to concentrate. Whilst hunger gnaws at them, they can't think about anything else. Or else they simply don't attend school at all. The deficits of under-nutrition in children become irreversible if not addressed. Additional to the disastrous effect of hunger on education and a child's future, another far-reaching outcome is a generation with poor immune systems, frequent illness, and a link to life-threatening diseases in adult life. Today's unmet need will have serious consequences for tomorrow, without intervention.



# PRIMARY SCIENCE PROGRAMME (PSP) - Improving the quality of teaching and learning

PSP aims to improve the quality of primary education in South Africa, particularly in under-resourced schools, through effective, practical training and professional development of teachers.

**OUR FUNDING:** Futuregrowth provided funding for three laptops as well as computer supplies.

I had been so frustrated! Among many other challenges, I needed support with how to teach a lesson in a meaningful way, getting learners to be interactive, and understanding the curriculum as a teacher. It was like the light at the end of a very dark tunnel for me. PSP helped me develop a picture of what is expected of me as a teacher and to overcome my fears. They felt my pain and were there for me." **PSP beneficiary teacher, Nosiphiwo.** 

www.psp.org.za/



#### THE BACKSTORY

The PSP has a history of responding to the needs of teachers and schools within the wider political, social and educational context of South Africa. In 1983 the PSP was initiated by Anne Griffiths to address inadequacies in Science education in Black primary schools and set up as a project of the Urban Foundation in Cape Town. During the COVID-19 lockdowns teachers were in greater need of support than ever before. PSP responded to this by maintaining regular contact with teachers and transforming its training courses to continue online, keeping their nature, with concepts demonstrated using concrete objects. A blended model of teacher support was implemented in 2021, working with teachers online and/or face-toface, as determined by the need.

## RALLY TO READ - Example of a partnership at its best

For more than two decades, Rally to Read, together with the Department of Education, has worked tirelessly alongside corporate and private sponsors to deliver books, teaching aids, Grade R educational equipment and toys, and other much-needed resources to remote rural schools across South Africa.

OUR FUNDING: Futuregrowth sponsored teaching aids and books for rural school libraries in the Western Cape.



www.rallytoread.org.za

#### THE BACKSTORY

The Rally to Read initiative is about a powerful Public-Private partnership which has been in place since 1998 when different organisations - each with different, valuable assets to share - decided to work together to advance a common cause, to improve the literacy skills of learners at remote rural primary schools to acceptable levels. Without such skills, these learners had difficulty completing school, studying further, progressing in a career and contributing as citizens. Scientific surveys indicated that these schools were particularly challenged. Inaccessibility, alongside few if any resources, compromised their ability to develop these skills and equip their learners for a positive future. Before the breakout of COVID-19, Rally to Read provided an opportunity for sponsors to visit some of our most remote rural communities to deliver resources on a Rally Day. This offered Rally participants a unique chance to interact with teachers, learners, and community members, affording the sponsors a better insight into rural challenges. The physical rallies were replaced by virtual rally tours in 2020, and support for the teachers and learners was stepped up to respond to increased needs. On the bright side, the virtual tours have meant that more people have been able to participate in the school progress feedback process.

This is an incredible initiative dedicated to equipping schools and teachers to better aid students in learning to read. With SA's low literacy levels, this is vital work for the upliftment of the future leaders of our country."

CSI Committee member.





#### SA CHILDREN'S HOME - Putting children first

This children's home, situated in the Cape Town suburb of Gardens, provides a a loving, happy and secure home for children of all ages, race groups and denominations, who are placed in their care through the Children's Court. Apart from providing for their physical needs, an individual development plan is established for each child, that includes training in basic life skills, encouraging participation in sport and recreational activities, providing therapeutic services and promoting holistic growth.

**OUR FUNDING:** Future growth funded PPE equipment and supplies.

#### www.sakinderhuis.org

Two little words that seem so inadequate, BUT so accurately express our gratefulness for your support to the SA Children's Home, especially in this very difficult time: Thank you!" Zulfa Buziek, SA Children's Home.

#### THE BACKSTORY

The South African Children's Home was the first welfare institution established in South Africa. Originally known as the 'Orphan House' it was founded in 1808 by Mrs Moller, a wealthy Dutch widow, who was assisted in this task by members of the Groote Kerk and the Evangelical Church, two of the oldest churches in South Africa. Mrs Moller dedicated much of her life to establishing the Children's Home and estate to her beloved orphanage. Now more than 200 years later, the Children's providing a caring home for its family of 44 boys and girls.



## SAILI (SA IMPROVED LEARNING INITIATIVE) – Targeting excellence



SAILI grants high school scholarships to financially disadvantaged students who are talented in Maths and Science. Each bursary covers: full school fees; an allowance for school necessities (stationery, uniform etc.); four SAILI outings or workshops per year; access to a support fund on a needs-basis for tutoring, counselling, optometrist or other essential services; and a contribution to organisational overheads, including salaries and financial management.

**OUR FUNDING:** Futuregrowth funded bursaries for two students at Claremont High School in Cape Town.

I am raised by a single parent who's been self-employed doing catering and decor, hiring pots and gas stoves in the township, too. It didn't make much but at least it put food on the table. But due to my mom having cancer and Graves' disease, she has been in and out of hospital a lot, which meant I struggle with transport to school as there is no income coming in. I don't know where I would be without the SAILI scholarship. It has helped me a lot and I am very grateful for it."

Letter extract from one of the bursary recipients.

www.saili.org.za

#### THE BACKSTORY

SAILI was founded on the principle that when you give money to an academically gifted child to attend a high-achieving low-cost school, you not only build that child's future, you also make a difference by building the resources and academic environment of that school. SAILI has earned a reputation for identifying high schools that are low on cost but don't compromise academics. Its model is based on the use of existing state capacity to deliver quality education and has the potential to scale up and enhance the performance in Maths and Science of an increasing number of talented students. Since 1996, over 600 SAILI students have gone on to tertiary studies in fields such as medicine, engineering, commerce and science. This makes a significant contribution to South Africa's science and technology sector and promotes a robust, stable and diverse economy. SAILI has demonstrated that education does not have to be exclusive and expensive to be excellent.





# SALESIAN LIFE CHOICES – Because youth make up 37% of South Africa, but 100% of its future

#### THE BACKSTORY

At a young age, St John "Don" Bosco had a dream which called him to dedicate his life to the education of poor and disadvantaged youth. He was ordained a priest in 1841 and in 1859, established the Society of St Francis of Sales – popularly known as the Salesians. Life Choices was started in 2005 as a project of the Salesians of Don Bosco. The project was conceived as an innovative youth initiative to tackle the HIV/AIDS pandemic providing young people across the Cape Flats with powerful selfdevelopment tools to help them make informed and healthy life choices. Since its formation, Life Choices has provided over 200 000 youth from low-income communities of the Cape Flats lives with choices, rather than charity. While the organisation's services are geographically bound to the Cape Flats area, its influence in supporting youth to live healthy and productive lives has expanded far beyond these borders.

The focus of Salesian Life Choices is on helping young people from economicallystressed communities on the Cape Flats navigate their way through adolescence and early adulthood, so that they can find meaningful employment, also meaning in their lives: meaning in their relationship with themselves, their families and their communities. Young people will only be able to attain this if they develop life skills that prepare them for success, and that boost their resilience and perseverance. Life Choices maintains relationships with its beneficiaries and alumni to ensure ongoing support and access to further opportunities as these arise.

OUR FUNDING: Futuregrowth provided funding for Leaders' Quest, a programme that assists with the academic tutoring of pupils in their last two grades of high school and post matric (part of a 3-year agreement started in 2019).

www.lifechoices.co.za



When I reflect back on my life, I realise how extremely tough it is to have a dream in a township where opportunities are few and life is dangerous and without hope... I could have been just another lost youth in the dusty, poverty-stricken township of Philippi. Instead I was exposed to life skills, weekly extra tutoring and a coach, all of which helped me to think with a bigger mind-set." Leaders' Quest Alumni, Lithalethu Aron Tsawe.

## THE SAME FOUNDATION – High impact at Khayelitsha Hospital

The SA Medical and Education (SAME) Foundation's sole aim is to improve healthcare and education in povertystricken communities, through highimpact, focused projects. COVID-19 caused extreme pressure on the country's health system and massively impacted oxygen supplies, with vast numbers of patients needing assisted breathing. The Foundation initiated a drive to procure OxERA (Oxygen Efficient Respiratory Aid) devices which assist patients to breathe while they wait for access to oxygen in the hospital. The OxERA is a ground-breaking device invented locally and is a SAHPRA (South African Health Products Regulatory Authority) approved disposable medical device, created specifically to treat COVID-19 patients.

# Khydicha Roptal SAME Protessing SAME S

#### THE BACKSTORY

The SAME Foundation is a South African NPO-PBO that undertakes high impact community development completed over 80 projects in the past 18 years, positively impacting millions of South Africans, including Covid-19-related support. They supply our schools, hospitals and clinics with the equipment and infrastructure large communities who use these facilities. They also facilitate teacher and doctor training to improve skills. They are committed to helping our under-served communities and firmly believe that wealth should not be a prerequisite for access to quality

OUR FUNDING: Through the SAME Foundation, Futuregrowth donated funds for the purchase of 35 devices for use at Khayelitsha Hospital.

www.samefoundation.org.za

## ST LUKE'S COMBINED HOSPICES - Healing beyond curing

St Luke's Hospice provides palliative care to people who are approaching the end of their lives. Quality of life for the patients and their families is improved thanks to the skills and knowledge of the professional staff and trained volunteers who provide early identification and assessment for the treatment of pain, and who see to the physical, emotional, social and spiritual needs of the patient. This is done through professional home and in-patient ward nursing support throughout the greater Cape Town area. This support is provided irrespective of the patient's ability to pay for the care and regardless of race or religion.

OUR FUNDING: Futuregrowth provided funding towards a corporate star for the annual "Tree of Lights", St Luke's signature fund-raising event, where sponsors are able to buy a light in memory of loved ones who have passed on. All funds raised through this campaign go directly towards helping St Luke's Combined Hospices provide outstanding palliative care to those in need.

#### www.stlukeshospice.co.za

#### THE BACKSTORY

St Luke's was inspired by the work of Dame Cecily Saunders, founder of the modern hospice movement. She began her career as a nurse and social



worker. Her life was changed by one of her dying patients, a Polish Jew from the Warsaw Ghetto, who talked to her about death and the care of the dying, and what people like him needed. She then started to work in hospitals for the dying, studying the control of pain. She realised if she wanted to change the system, she'd have to become a doctor, and qualified at the age of 39. She founded the first hospice in Saint Christophers in London in 1967. Later, one of Dame Cecily's students, South African Dr Christine Dare, invited her mentor to speak in Cape Town and, as an outcome, St Luke's Combined Hospices was founded as a non-profit organisation in 1980 (named after the patron saint of physicians). The organisation has been caring for the dying and their families with its unique and holistic approach for the past 42 years, and currently supports over 800 patients every day.

## THEMBINKOSI DAY CARE CENTRE A tribute to determination and spirit

Thembinkosi Day Care Centre in Mbekweni, Paarl, caters to the needs of about seventy preschool children, many of whom are disabled or have special needs. Thembinkosi doesn't just provide a secure place to play and grow. An equally important function is the preschool educational programme, which gives the children the muchneeded background to start attending a primary school later on. The aim is to provide every child who comes to the centre with the emotional and cognitive skills necessary to take them through school and adolescence by the time they graduate" from the centre.



www.thembinkosi.co.za



#### THE BACKSTORY

Patricia Vuka, the mother of a disabled child, started the crèche in her shack in 2000, taking other disabled children into her home and heart. In the beginning she had no support network, money or any training - and had serious setbacks such as her shack being gutted by fire on three occasions. Her own child died tragically after temperatures reached 45°C for two days in a row and she had nowhere else to go with the children in the intense heat. Patricia managed to bounce back from this tragedy with renewed determination and spirit. She arranged with a local church to help with food, went on sponsored Educare courses to be able to give the children a more structured pre-school education and eventually received a grant from social services to appoint two full-time teachers. She finally moved to a house in 2008 and now runs the centre from a railway container at the back of her plot, focusing on school readiness, and employing four teachers and full-time cook. A corrugated iron classroom was added in 2010 for the baby class. Patricia's vision is to eventually open a 24-hour care facility focused on the many disabled children in her community.

# TOMORROWLAND EDUCARE CENTRE – Seeing to impoverished children's basic needs

The Tomorrowland Educare Centre has been in existence since April 1983 and is situated in the heart of the Belhar community in the northern suburbs of Cape Town. The centre provides care for underprivileged children (aged eight months to six years) who live in the Belhar community and some of the outlying areas. The centre places great emphasis on providing the children with nutritious meals daily and developing skills such as reading, writing, hygiene and safety. among others.

OUR FUNDING: Futuregrowth provided gifts and food for the end of year party.

#### THE BACKSTORY

Belhar forms part of the Cape Flats area in Cape Town. The town is known for giving its name to the Belhar Confession, which was struggle against apartheid. Poverty is rife in the area, where high unemployment among youth perpetuates drug addiction, extortion, money laundering, robbery and prostitution. Children and youth often idealise the gangsters, making themselves an easy target for recruitment by the local gangs. Belhar has a history of gangsterism and racketeering, which are deeply rooted in longstanding social contracts among families. COVID-19 exacerbated the already pervasive hunger, making programmes like Tomorrowland all the more crucial for the children in the surrounding community.

#### Tomorrowland Educare Centre | Western Cape Government

I joined the committee because I felt that what we are doing is making a contribution to community because of the types of projects that we support - and that in some small way that my contribution/involvement is in some way changing lives in a positive way." **CSI Committee member.** 



### U-TURN – Creating life after homelessness

U-Turn runs a programme that works towards getting homeless people off the street and back into society, where they are employable and then able to become self-sufficient.

OUR FUNDING: Futuregrowth provided funding to purchase a customised trailer for U-Turn's ecommerce and household goods sorting facility. This was to enable them to collect bulky items, and also make fewer trips.



The partnership between Futuregrowth Asset Management and U-Turn helps our city respond to the increasing strain of homelessness as we create more opportunities where individuals can acquire skills... We are deeply grateful for the part you've played in 2021. You have helped turn lives around from addiction and despair into a space of flourishing" **Sam Vos, U-turn Director.** 

#### www.homeless.org.za

#### THE BACKSTORY

U-turn started helping homeless people in 1997. Since then, it has developed and refined a very successful programme to help homeless people leave the streets permanently, with more than 80% of its programme graduates maintaining long-term success in staying sober, renting stable accommodation, and holding down jobs in the open labour market.

We supported U-Turn because it is a great initiative that seeks to provide a holistic solution to the homeless: rehabilitation, skills and shelter. This includes meals, clothing, addressing the mental and social welfare of the individual, assisting in trying to find a job to ensure that the individual is able to be independent." **CSI Committee member**.

#### WOODSIDE SPECIAL CARE CENTRE – Helping those who cannot help themselves

Woodside Special Care Centre is a residential home situated in Rondebosch East, Cape Town, that cares for 80 profoundly intellectually and physically disabled residents. Since its inception, Woodside has worked diligently towards building a home of safety and security for its residents, all of whom require specialised care and are unable to remain within their family units.

**OUR FUNDING:** Futuregrowth provided funding for PPE equipment and supplies.

www.woodside.org.za



#### THE BACKSTORY

Woodside Sanctuary was started in 1976 by a group of concerned parents who were not able to find suitable care for their children who were intellectually and physically challenged. Together, they found a funder who was willing to assist them establish a residential home for profoundly intellectually and physically challenged children in Rondebosch East. The home was to provide 24-hour nursing care as well as therapeutic care, improve quality of life and prevent further illnesses and infections. As the years went on, Woodside found there were no places for the residents who were reaching adulthood. It was at this point that Woodside Sanctuary changed its name to Woodside Special Care Centre for children and young adults. Since then, the organization has grown from strength to strength providing a range of services to improve the levels of comfort and responsiveness of residents - as well as improving their quality of life through nursing care, physiotherapy, occupational and speech therapies.

## THE ZOE PROJECT - Changing lives through maternal health care

The Zoe Project is a Cape Town-based non-profit organisation that strives to nurture, educate and empower pregnant women, new moms and their families. Through a holistic, hands-on approach, the programme works to ensure that women and their babies are supported, loved and empowered during and post-pregnancy.

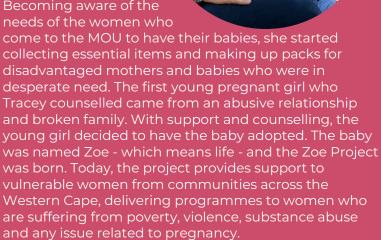
#### **OUR FUNDING:**

Futuregrowth provided funding for the purchase of 100 mother and newborn baby care packs.

www.thezoeproject.co.za

#### THE BACKSTORY

In 1998, counsellor
Tracey Aitken started
running educational
programmes at the
Retreat Maternity
and Obstetrics Unit
(MOU) which
services pregnant
women from
surrounding areas.
Becoming aware of the

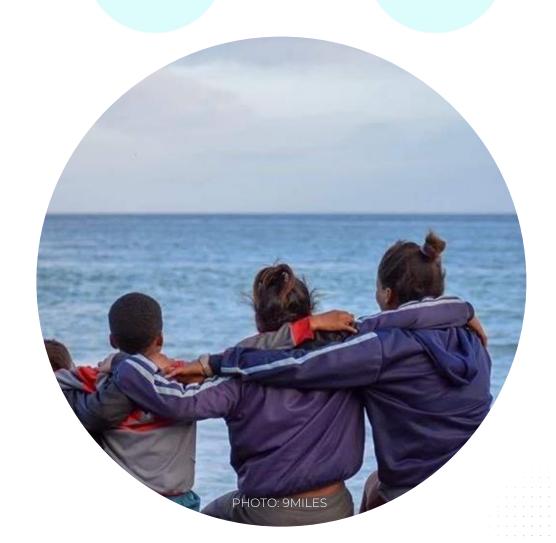


The Zoe Project is a wonderful organisation that supports underprivileged mothers and babies. It's an understated organisation working primarily in maternity wards in government hospitals. When I heard about them through a charity drive collecting baby clothes, I was moved by the positive impact they are having on our community. There are moms that literally don't have anything for their babies once they are born." **CSI Committee member.** 

It's my heart's desire and passion to live a life that makes a difference in our socio-economically deprived communities. When I learned about the CSI committee, I knew I needed to join these like-minded committee members who are extremely passionate about making a difference.

Being part of the CSI committee has provided me with an opportunity to be part of something bigger than myself and to serve and make a meaningful impact on the communities around us.

Every project is unique and allows us to make a tangible and meaningful impact on the social development, health and education of the beneficiaries. It's a responsibility I take seriously to be able to light up the torch for our fellow community members in their times of need." **CSI Committee Member.** 



#### **FUTUREGROWTH**

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